SANDWICHES & WRAPS

MALIBU
roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta

$8.50 800 CALS

CHIPOTLE CHICKEN WRAP
crispy chicken, cheddar, pico de gallo, lettuce, chipotle dressing, wheat tortilla

$8.00 800 CALS

BLTA
crispy smoked bacon, lettuce, tomato, avocado, 9 grain bread

$8.00 430 CALS

MARK CUBANA
roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla

$8.75 920 CALS

ALL DAY BREAKFAST BURRITO
chopped steak, cage free eggs, jack cheese, sauteed peppers & onions, seasoned potatoes, wheat tortilla, green salsa

$7.00 670 CALS

BLACK BEAN & GRAIN V
seasoned black beans, cilantro lime rice, pico de gallo, avocado, flour tortilla option

$6.50 630 CALS | **+$2.00** ADD CHICKEN / STEAK

FEATURED

SMOKED TURKEY
turkey breast, wilted spinach, provolone, tomato, banana peppers, garlic aioli, french roll

$8.25 750 CALS

OFF TO THE RIGHT START

COLBY
roasted turkey, colby jack cheese, lettuce, tomato, cucumber, avocado, honey mustard, toasted french roll

$8.50 580 CALS

OPTIONS

ADD MEAT GF DF
$2.25

HOUSEMADE CHIPS VG GF DF
$2.00 140 CALS

BACON (2) GF DF
$2.25 130 CALS

AVOCADO VG GF DF
$1.25 60 CALS

CHEESE V GF
$1.25 110 CALS

BREAD SUBSTITUTE
can be substituted with gluten-free bread or wrap (honey wheat, spinach or flour)

V-VEGETARIAN VG-VEGAN GF-GLUTEN FREE DF-DAIRY FREE CN-CONTAINS NUTS

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.

FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.