



GRILLED LUNCH

BURGERS

BLACK ANGUS BURGER

choice of griddled onion, tomato, lettuce on a toasted bun with choice of secret sauce, onion aioli, chipotle aioli

\$8.00 720 CALS

ADD CHEESE: **\$8.75** 840 CALS

ADD BACON + CHEESE: **\$10.00** 930 CALS

VEGGIE

black bean burger, choice of griddled onion, tomato, lettuce, on a toasted bun

\$8.50 450 CALS

CHICKEN WINGS

crispy chicken wings with buffalo, ranch or bbq dipping sauce

\$8.25 550 CALS

CHEESE QUESADILLA

adobo seasoned chihuahua, pepper jack & cheddar cheese on a flour tortilla topped with pico de gallo, sour cream, onions & green pepper

\$8.50 870 CALS | +\$2.25 ADD CHICKEN

PHILLY

griddled chopped steak, bell peppers & onions topped with provolone & pepper jack cheese on a french roll

\$8.75 620 CALS

CHICKEN TENDERS

crispy fried chicken tenders made to order

3 PC **\$6.50** 550 CALS | 6 PC **\$10.00** 790 CALS

FEATURED

FFT PATTY MELT

angus beef patty, swiss cheese, caramelized onions, FFT secret sauce, marble rye bread

\$9.00 780 CALS



CTA BURGER

turkey burger, corn, tomato & avocado relish on a whole wheat bun

\$8.50 480 CALS

OPTIONS

FRENCH FRIES   
\$2.50 220 CALS

SWEET POTATO FRIES   
\$3.25 280 CALS

HOUSEMADE CHIPS   
\$2.00 140 CALS

ONION RINGS 
\$3.25 200 CALS

MOZZARELLA STICKS WITH MARINARA 
\$4.00 320 CALS

BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free bread



V-VEGETARIAN **VG-VEGAN** **GF-GLUTEN FREE** **DF-DAIRY FREE**
THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS. INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



CN-CONTAINS NUTS
FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.